

CERTIFICATE OF PARTICIPATION

This is to certify that

johan Ferreira

Has successfully participated & completed the

13km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 02:00:35

PACE 09:15/km

OVERALL 46 of 59

GENDER 36 of 40

OPEN 18 of 19

21 July 2019, Sun

Date



BoutTime

Signature

